

## **Sarah O. Rush, M.A.**

---

### **SUMMARY**

- Masters degree in counseling psychology.
- Clinical case management experience with “at-risk” youth and their families.
- Vast experience providing counseling and crisis intervention services to diverse populations.
- Extensive skills in clinical evaluations and telephone intakes.
- Ability to effectively assess clients’ needs for clinical and social rehabilitation services.
- Great familiarity with community resources and referral services.

---

### **PROFESSIONAL EXPERIENCE**

#### **Social Work – Quest for Success Youth Foundation**

- Completed intakes and admission assessments for incoming residents.
- Developed case plans utilizing strength-based, solution-focused approach.
- Assisted foster youth in developing transitioning, employment, and housing goals.
- Facilitated groups, addressing various topics, including anger, social skills, and self-esteem.

#### **Clinical Counseling / Case Management / Crises Intervention – Eden Counseling Services**

- Provided case management and mental health counseling for a culturally diverse group of “at-risk” youth and their families.
- Screened and completed telephone intakes to assess appropriateness to agency and/or make referrals as necessary.
- Reporting responsibilities included: Providing individual diagnostic summaries; maintaining records of therapeutic goals, activities and client progress; delivering weekly verbal reports to clinical supervisor; and preparing monthly statistical reports.

#### **Administrator – Crises Receiving Home – Malabar House**

- Managed day-to-day operations of 24/7 youth crises receiving home, including,
  - Supervised and trained youth counselors/facility managers.
  - Developed and implemented plan for training staff.
  - Interviewed, hired, and conducted performance evaluations.
  - Developed policies and procedures involving personnel and operations.

#### **Consultant / Public Relations Representative – Eden Counseling Services**

- Consulted with counseling staff on strategies to identify and best serve clients’ needs.
- Maintained and developed relationships with community based organizations.

### **EMPLOYMENT HISTORY**

04/2008 – 11/2008	Social Worker	Quest for Success Youth Foundation, Berkeley, CA
09/2007 – 03/2008	Interim Group Home Administrator	Malabar House, Castro Valley, CA
09/2006 – 09/2007	Consultant / PR Representative	Eden Counseling Services, Castro Valley, CA
12/2002 – 09/2006	Case Manager/Counselor	Eden Counseling Services, Castro Valley, CA

### **COURSES, CERTIFICATES AND WORKSHOPS (Partial List)**

-Group Home Administrator Certification	-Cross Cultural Awareness Training
-Child Abuse Assessment, Treatment and Reporting	-Basic Addictions Training

### **MEMBERSHIPS / COMMITTEES**

- California Association of Marriage and Family Therapist
- Castro Valley Unified School District Student Attendance Review Board member
- San Lorenzo Unified School District Student Attendance Review Board member
- Evaluation Committee member, JFK Community Counseling Center, Pleasant Hill, CA

### **EDUCATION:**

- Master of Arts degree, Professional Psychology, JFK University, Orinda, CA
- Bachelor of Arts degree, Business Management, St. Mary’s College, Moraga, CA
- Associate of Arts degree, Business Administration, College of Alameda, Alameda CA